



Eupen Triathlon | The largest triathlon in Belgium

Event planned for the month of August 2022



Barage De La Vesdre

Eupen - 4700

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478 63 99 48

Hans

<https://www.triathloneupen.be/fr/triathlon-team-eupen/>

This triathlon, also known as Ostbelgien Triathlon, is now the largest event of the kind in Belgium and is famous even outside the country. Take on the challenge and join this incredible race.

Despite its size, this triathlon retains a family-friendly spirit. Participants will compete along 3 different disciplines: swimming, running, cycling. There will be 4 competitions along the weekend: average distance, olympic distance, sprint, relay.

The Belgian Triathlon Championship

The program of these two days is as follows:

- Saturday: triathlon with 500 m swimming, 24.5 km cycling and 5 km running
- Sunday: Belgian Championship with 1.9 km swimming, 90 km cycling and 21 km running

This triathlon will be one of the first in the world to be carbon neutral.

A sports event not to be missed in Eupen.

The information contained herein is provided as a guide only.

We recommend that you check with the local supplier before you leave.

Website editor

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